

SCHEDULE 2021/2022

Studio A

Studio C

Monday

3:30pm-4:30pm	Grade 3 Ballet	3:45pm-4:30pm	5-7yrs Street Jazz
4:30pm-6:00pm	Intermediate Foundation	4.30pm - 5.30pm	Grade 1 Ballet
6:00pm-7:00pm	Flow Ballet Co. - A	5:30pm-7:00pm	Intermediate Ballet
7:00pm-8:00pm	Adv. Adult Ballet	7:00pm-8:00pm	Flow Contemporary 12+
8:00pm-8:45pm	8 weeks Adult Ballet Barre	8:00pm - 9:00pm	Teen Lyrical/Contemporary

Tuesday

		2:00pm - 2:30pm	Tiny Tumbling - 3-4yrs
3:30pm-5:00pm	Intermediate Foundation	3.30pm - 4.30pm	8-10yrs Tap
5:00pm-6:00pm	Teen Ballet	4.30pm - 5.30pm	Flow Jazz Co.- A
6:00pm--7:30pm	Intermediate Ballet	5.30pm - 6.30pm	Flow Hip Hop Co. - A
7:30pm-9:00pm	Flow Ballet Co. - B/C	6.30pm-7.30pm	9-12 Lyrical
		7.30pm-8.30pm	9-12 Hip Hop
		8.30pm-9.30pm	Adult Tap Adv.

Wednesday

1:30pm-2:00pm	Tiny Stars Ballet 3-4yrs		
2:00pm-2:30pm	Tiny Stars Jazz 3-4yrs		
3:30pm-4:30pm	Stage - 9+	3:45pm-4:30pm	6-8 Lyrical
4:30pm-6:00pm	Grade 5 Ballet	4:30pm-5:15pm	6-8 Jazz
6:00pm-7:00pm	Flow Lyrical Co. - A	5:15pm-6:15pm	Flow Jazz Co. - C
7:00pm-8:00pm	Grade 4 Ballet	6:15pmm-7:15pm	Flow Lyrical Co. - B/C
8:00pm-9:00pm	Teen Jazz	7:15pm-8:15pm	Flow Jazz Co. - B
		8.30pm - 9.30pm	Flow Acro Co.

Thursday

3:30pm-4:30pm	Grade 4 Ballet	3:45pm-4:30pm	6-8 Hip Hop
4:30pm-6:00pm	Grade 5 Ballet	4.30pm - 5.30 pm	Flow Hip Hop Co. - B/C
6:00pm-7:30pm	Advanced Ballet	5.30pm - 6.30pm	Teen Hip Hop
7:30pm-8:30pm	Pointe	6.30pm - 7.30pm	Cond. Tricks & Tumbling - A
8:30pm-9:30pm	Yoga - Stretch & Strength	7.30pm-8.30pm	9-12 Jazz
		8.30pm-9.30pm	12yrs + Tap - Exp.

Friday

2:00pm-2:30pm	Tiny Tap 3-4yrs		
3:45pm-4:30pm	5-7 Tap	3:30pm-4:30pm	Technique - A
4:30pm-5:30pm	Privates	4:30pm-5:30pm	Technique - B/C
5:30pm-6:30pm	Privates	5:30-6:30pm	Cond. Tricks & Tumbling - B/C

Saturday

9:30am-10:00am	Tiny Stars Ballet 3-4yrs
10:00am -10:45 am	PrePrimary Ballet
10:45am - 11:30am	Primary Ballet
11:30am -12:30pm	Grade 1 Ballet
12:30pm-1:30pm	Mini Flow Co.
1:30pm-2:30pm	Grade 3 Ballet