

SCHEDULE 2019-2020

Studio A

Studio C

Monday

SARAH SIVITER

HAYLEY WILLIAMS

3:30pm - 5:00pm	Intermediate Ballet	3.30pm - 4.30pm	6-8 Lyrical
5:00pm -6:00pm	Senior Flow Ballet Co.	4.30pm - 5.30pm	Acro 1 - Beg/2nd Year
6:00pm - 7:30pm	Open Pointe - Int Found 2 +	5.30pm - 6.30pm	Acro 2
7:30pm -8:30pm	Adult Flamenco	6:30pm -7:15pm	Acro Tech/Conditioning
8:30pm -9:30pm	Adv. Adult Ballet	7:15pm - 8:15pm	Teen Lyrical
		8:15pm -9:15pm	Senior Flow Contemporary Co

Tuesday

SARAH SIVITER

HAYLEY WILLIAMS

3:45pm-4:30pm	5-7 Hip Hop - Keerat	3.30pm - 4.30pm	Jr. Flow Lyrical Co.
4:30pm-5:30pm	9-14 Ballet	4.30pm - 5.30pm	Acro 2
5:30pm-6:30pm	Grade 4 Ballet	5.30pm - 6.30pm	Senior FLOW Lyrical Co.
6:30pm-7:30pm	Jr. Flow Ballet Co.	6.30pm-7.30pm	9-12 Lyrical
7:30pm-9:00pm	Adv. 1 Ballet	7.30pm-8.30pm	9-12 Jazz
		8.30pm-9.30pm	Teen Jazz

Wednesday

VANESSA LANZ

LEANNE KENNEDY

3.30pm - 4.30pm	Grade 4 Ballet	3:30pm-4:30pm	6-8 Jazz
4:30pm -6:00pm	Grade 5 Ballet	4.30pm - 5.30pm	6-8 Hip Hop
6:00pm -7:30pm	Inter Foundation Ballet	5.30pm - 6.30pm	11-14 Hip Hop
7:30pm-9:00pm	Intermediate Ballet	6.30pm-7.30pm	9-12 yrs Lyrical
		7.30pm-8.30pm	Adult Hip Hop - Int
		8.30pm - 9.30pm	Adult Tap - Int/Adv

Thursday

SARAH SIVITER

LEANNE KENNEDY

3:30pm-5:00pm	Grade 5 Ballet	3:45pm-4:30pm	Tap 6-9 yrs - Beg/ 1 yr exp
5:00pm -6:30pm	Int. Found Ballet	4.30pm - 5.30 pm	8-10 Hip Hop
6:30pm-8:00pm	Advanced 1 Ballet	5.30pm - 6.30pm	Tap 10 yrs + min 2 yrs exp
8:00pm-9:00pm	Ballet Barre For Adults	6.30pm - 7.30pm	Jr. Flow Jazz Co.
		7.30pm-8.30pm	Beg. Adult Tap
		8.30pm-9.30pm	Adult Jazz/Lyrical - Int

Friday

LEANNE KENNEDY

HAYLEY WILLIAMS

3:30pm-4:30pm	9-12 Jazz	3:30pm-4:30pm	Flow Acro Co.
4:30pm-5:30pm	Jr. Jazz Tech	4:30pm-5:30pm	Sr. Flow Jazz Co.
5:30pm-6:30pm	Jr. Flow Hip Hop Co.	5:30-6:30pm	Sr. Jazz/Acro Tech

Saturday

SARAH SIVITER

HAYLEY WILLIAMS

9:15am -10:00am	Tiny Stars 3 & 4 yrs - Keerat	9:30am-10:15am	Tiny Tumbling 3-5 yrs
10:00am -10:45 am	PrePrimary Ballet 4.5 - 5 yrs	10:15am-11:00am	Hip Hop 5-7yrs
10:45 - 11:30am	Primary Ballet 5.5 -6 yr	11:00am-11:45am	Beg. Jazz 7-9yrs
11:30am -12:30pm	Grade 1 Ballet 6.5 - 8 yrs	11:45am-12:45pm	Acro 1 - Beg
12:30pm-1:30pm	Grade 2 Ballet 8 + yrs	12:45 - 1:45pm	Beg. Lyrical 7-9 yrs
1:30pm-2:30pm	Grade 3 Ballet 9+yrs.		